



Family First
**DADS
PROGRAM**

Tuesday Nights
6:30 - 8:00 pm

**Join Us for Family First's
Parenting Program Just for Dads!**

Topics include: Job search, continued education support,
anger management, family dynamics, child development,
child support, budgeting time, money and family.

When: Tuesday nights at 6:30 - 8:00 pm

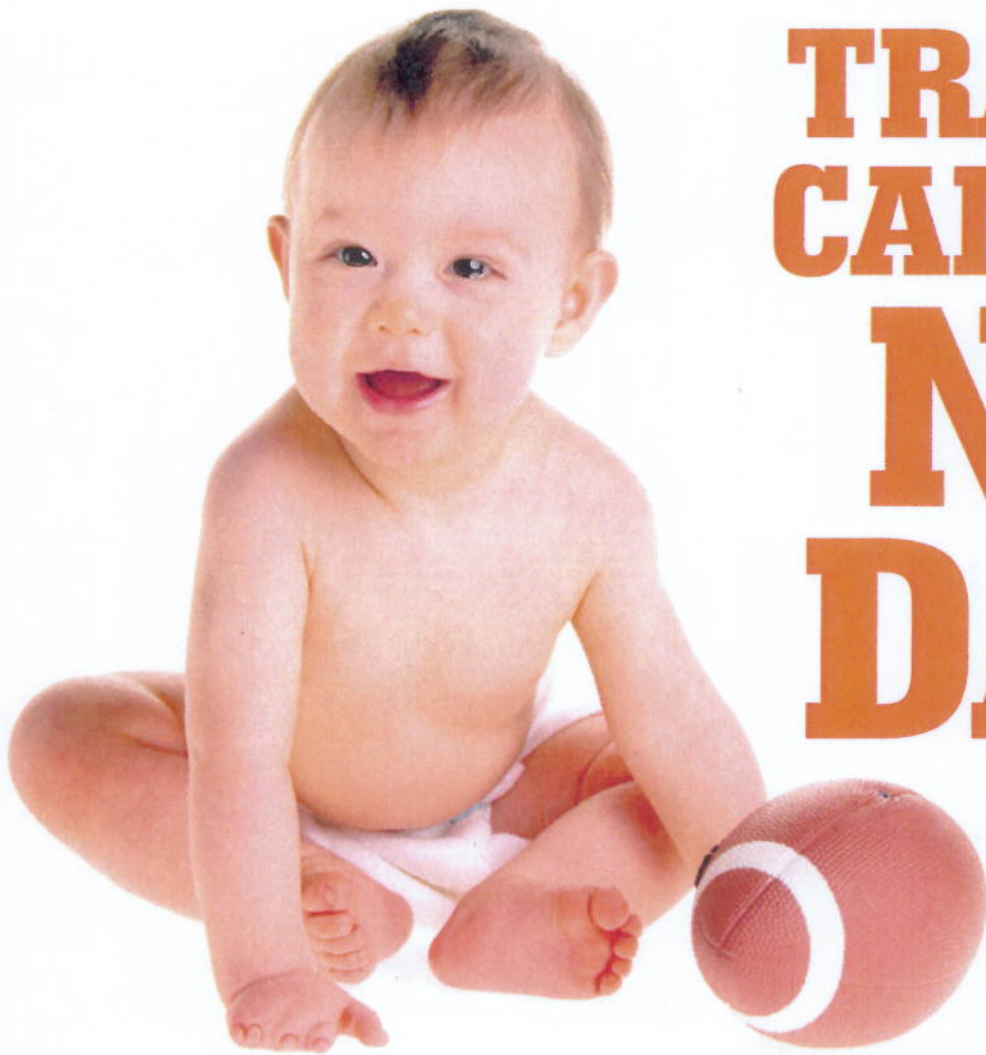
Where: Hilltop Family Resource Center - 2897 North Avenue

Daycare, transportation, and a light meal provided

Call (970) 244-0460

(Please call before 3:00pm Tuesday if you need transportation)

HILLTOP
Family First ☆



TRAINING CAMP FOR NEW DADS

**An Intensive
Workshop
Promoting
Positive Fatherhood**

Like the pros, you need to know the plays and proper execution if you want to be your best. The **New Dads Training Camp** provides rookie dads with vital information on preparing for the big game - **the birth of your new baby!** Coaches and veteran players offer sideline strategies for dealing with day-to-day strategies, defending against the unknown, and all aspects of fatherhood.

The 2 hour workshop is FREE and focuses on all issues faced by new dads: Creating a family. Caring for new moms. Feeling confident when holding, changing, or feeding a new baby. What to do when a baby cries. And more.

**Call (970) 244-0460
or (970) 244-0463**

H I L L T O P
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